

E Squared **Entrepreneurial Energy**

Entrepreneurial Energy is a program that was developed in the shadow of Donald Trump's successful TV show "The Apprentice." In that show, strangers were put together and asked to compete for a place in the Trump organization. Entrepreneurial Energy, or E

Squared as it is commonly known in Culpeper, is a sophisticated program offered to Culpeper County High School Career & Technical Students.

The E Squared program introduces the students to basics of business within a team context. Students learn to develop a business plan, including a financial plan, a marketing plan, and make a final public presentation. Ultimately, the objective is to win over a group of faux Venture



Team members are very enthusiastic participants

Capital business executives that their idea is worth funding. More importantly, the student teams are competing with each other for the winning title.

This year nearly 185 students will take part in the program as a part of their course curriculum, beginning in January and culminating in a final competition in late April. Over 50 business leaders from the community will participate as judges and subject matter experts in the E Squared program as well. The collaboration of business, education, and government is remarkable. Educating our students in the concepts of



'wealth creation" is powerful. Having full community support for the program is amazing and very timely.

As the economy moves in a positive direction – most agree that the recovery will be led by small business. Our focus on entrepreneurial energy in Culpeper gives our students a significant advantage in their

search for career opportunities. A popular proverb really applies here – "Give a man fish and he eats for a day; teach a man to fish and he eats for a life time."

Though the concepts of E Squared are being taught in our high schools, many college students have commented that the program is of college level caliber. This becomes even clearer when one looks at the



Teams must present to an imposing board of local business leaders

scoring rubric and rules for competition on ESquaredCulpeper.com The program, much like the business environment that it seeks to teach about, is in continuous improvement. The program is always being evaluated by students, educators, and business leaders to make it as effective as possible.

In addition to the pride of winning the competition, the winning team members are awarded scholarship commitments of up to \$5,000 each. Most teams are between 4-6 students. That means that there is up to \$30,000 in scholarships on the line for the 2011 competition. We have been writing checks for past winners who are very pleased to receive the scholarship contributions to their advanced education. Rules for scholarship distribution are very specific and may be found at ESquaredCulpeper.com

The scholarship funds are 100% a result of the generosity of local businesses. In addition to the significant investment of their time as a part of the education process, many local businesses offer the financial support as well. The scholarship sponsors are listed on the website, ESquaredCulpeper.com. The generosity of these sponsors is a confident endorsement of the program and its importance toward the success of our students.

The semi-finals, the first round of the competition will be held on April 14th with all teams competing to move on to the final competition to be held on April 28th at the Culpeper County Boardroom. For more detailed information about the program timeline go to ESquared-Culpeper.com

E Squared = Entrepreneurial Energy – "It Drives America."

Jim Charapich CEO Career Partners, Inc. President & CEO Culpeper Chamber of Commerce & Visitor's Center



Virginia Cooperative Extension A partnership of Virginia Tech and Virginia State University



Culpeper County Unit 101 S West Street Culpeper VA 22701 540/727-3435

FAMILY NUTRITION PROGRAM (FNP)

"Celebrate National Nutrition Month and Spring Into a Healthier New You!" Georgette Yates-Mosley, Sr. Program Assistant, 4-H FNP

March 20th marks the first day of Spring. But, did you know that the entire month of March is dedicated to Nutrition? March has been declared National Nutrition month by the American Dietetic Association. So, as you begin to put all of your Spring plans into perspective, also make plans to incorporate some healthy diet and exercise practices. Celebrate National Nutrition month with some of these ideas and "spring" into a healthier, new you:

- Clear your refrigerator of any outdated food and replace with brightly colored, fresh fruits and vegetables.
- Start a fresh herb garden in your kitchen. Once the herbs mature, fresh flavor will only be a few snips away!
- Kids a little restless? Plan a family picnic at the park. Pack a healthy meal and don't forget to bring along a ball, kite or other equipment to encourage physical
- Spend a weekend cleaning out and preparing an old flower or garden bed.
- Go on a recipe hunt to find new recipes that inspire you to use garden fresh vegetables.
- Start a "walking club" in your neighborhood.
- Spend some time in the kitchen with your kids. Help them prepare easy, healthy snacks and meals for the entire family to enjoy!
- Stop by the Extension office for more information on our Family Nutrition Program.

Cloudy With A Chance Of Fruit Parfaits

Ingredients:

Assorted fruit, cut in bite-size pieces Vanilla or lemon yogurt Low-fat whipped topping



Layer fruit, separating each with a layer of yogurt. Top with whipped topping. Refrigerate until ready to serve. Garnish with chopped nuts, a cherry and/or granola.

Don't have space to grow a garden where you live? We can help!"

Brenda Watkevich, FNP Program Assistant - Adults



Come join us, the Culpeper Community Garden (The Garden), for our third growing season at the CFC Farm and Home Center. The Garden is a cooperative effort between the Virginia Cooperative Extension's Family Nutrition Program, Master Gardeners and the CFC Farm and Home Center

The Garden was started so those without a spot to garden could come and raise their own fresh vegetables free of charge. Water, nutrition and gardening information are provided free.

If you or your organization would like information on how you can sign up for a plot at the CFC Farm and Home Center Location, or if you would like information on how to start a community garden in your neighborhood, please call Family Nutrition Program Assistant, Brenda Watkevich at 540-727-3435 x 348.

AGRICULTURE AND NATURAL RESOURCES **Farm Business Management**

Maximizing your Fertilizer Dollars

Peter Callan, Extension Agent, Farm Business Management

In 2010 producers suffered a severe drought. Producers are wondering—how do they get the most bang for buck when they have limited funds for fertilizer purchases. Dr. Mark Alley, Virginia Tech Soil Fertility Specialist, stated that yields for corn, wheat, and legumes (soybeans and alfalfa) start to decline when soil pH drops below 6.0. There are significant losses in yields for these crops when soil pH levels drop below 5.5.

A current soil test provides fertilizer recommendations for crops that a producer grows on his farm. Crop yields are reduced in drought years and do not remove the expected levels of phosphorous (P) and potassium (K) which would have been removed in a "normal" crop year. A current soil test takes out the guesswork and prevents the producer from under or over-applying lime and fertilizer, either of which will decrease your efficiency and profitability. Soil test laboratory recommendations are based on research conducted for Virginia soils and climate. There is no charge for in-state commercial farm soil samples analyzed at the Virginia Tech Soil Testing Laboratory. What a deal!

Dr. Mark Alley recommends that producers keep soil pH levels between 6.0 - 6.5for optimal crop production. Producers may wish to consider more frequent applications of lime as a way to lower cash outlays and maintain pH levels greater than 6.0. Brian Jones, former Crop Extension Agent, advises that once the desired pH has been achieved; the producers should allocate their fertilizer dollars to the nutrients in least supply to balance a crop's requirements. By following the soil test recommendations, producers will maximize crop yields from purchased fertilizer inputs.

On many farms there are variations in soil types. Yields may vary within the field due to different soil types. Yield monitors on combines enable producers to measure the variation of yields throughout a field. The yield monitors help the producer answer the following question: is it economical to apply different rates of fertilizer and lime to specific areas in a field? From my experience, a producer may wish to consider adjusting the lime and fertilizer rates if the particular area is greater than two acres in the field. On the practical side, I would suggest having a maximum of two or three different fertilizer and lime rates per field. In my opinion, the owner or key employees, who operate the planting and harvesting equipment, are the ones who should be taking the soil tests, because they understand the soil types and yields harvested in a field.

A crop budget will help a producer determine the number of dollars that can be spent on fertilizer and lime in order for the producer to break even and generate a profit. Fertilizer prices will impact the pounds of fertilizer which will be applied to a field. Producers need to calculate the cost of nitrogen, phosphorus and potash on a per pound basis from commercial fertilizer and broiler litter, sludge and cattle manure to determine the most cost effective way to apply nutrients to the soil. Likewise, producers must remember that there will be volatilization of ammonia from broiler litter, cattle manure and urea if rain is not received to wash the nitrogen into the soil. By using updated soil tests, producers can work together with their local Extension agents to determine fertilizer application rates, which will enable producers to generate profits and maintain or increase soil fertility in an era of volatile crop and fertilizer prices.

Extension (continued)

4-H YOUTH DEVELOPMENT

Cristy Nibblins, Extension Agent, 4-H Youth Development

JoAnna Kilby, 4-H Program Assistant

The Greatest Natural Resource - Youth... Consider 4-H!

Written by Linda King, 4-H Extension Agent, Prince William County



The youth of our community is our greatest natural resource - a resource to protect, teach and mentor. How can we ensure youth will live happy and productive adult lives? One way is by spending time with youth doing activities they en-

joy to develop skills and good citizenship. The 4-H youth development program engages families to fulfill those objectives. In 4-H, youth learn life skills, leadership and citizenship skills that will benefit them forever.

4-H is the largest national positive youth development program for everyone, ages eight through eighteen. The 4-Hs represent total youth development – head, heart, hands and health. 4-H is a part of the Cooperative Extension System, a nonprofit program operated through state land grant universities and funded by federal, state, county and private means. In our area, 4-Hers participate in 4-H clubs, 4-H county events, 4-H camps and 4-H educational programs in schools. 4-H volunteers are trained and mentored by 4-H staff.

Through research, we know young people need four essential elements for positive youth development. The first essential element is for youth to have a sense of belonging – to know they are cared about by others and feel connection. This "fellowship" has always been an important part of the 4-H experience. Current research emphasizes the importance for youth to have opportunities for long-term consistent relationships with adults other than parents. This research suggests that a sense of belonging may be the single most powerful positive ingredient we can add into the lives of children and youth.

The second essential element youth need is a sense of mastery. When youth feel competent and capable, they develop self-confidence. By

exploring 4-H projects and activities, youth master skills to make positive career and life choices. In 4-H, youth have a safe environment for making mistakes and getting feedback

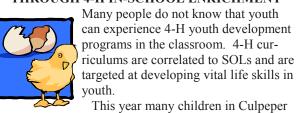
The third essential element youth need is a sense of independence. Youth need to know they are able to influence people and events through decision making and action. By exercising independence through 4-H leadership opportunities, youth mature in self-discipline and responsibility, learn to better understand themselves and become independent thinkers.

The fourth essential element for youth is a sense of generosity. Youth need to feel their lives have meaning and purpose. By participating in 4-H community service and citizenship activities, youth connect to communities and learn to give back to others. Youth learn they do not live in a secluded world, but instead it is indeed a global community, which requires awareness and compassion for others.

To become a volunteer or join Culpeper County 4-H, contact Cristy Nibblins at the Culpeper Extension Office at 540-727-3435

or <u>nibblins@vt.edu</u> Volunteers are vital to the 4-H program and needed to start new 4-H clubs and maintain current programs.

YOUTH LEARN LIFE SKILLS THROUGH 4-H IN-SCHOOL ENRICHMENT



County Schools have explored food and nutrition through the Healthy Weights for Healthy Kids curriculum, have learned about soils and the plant cycle, and this spring many classrooms will again take part in the 4-H Embryology Project - an awesome hands-on experience where children have the opportunity to learn the life cycle through the 21 day incubation and hatching of chicks. 4-H staff and volunteers are there every step of the way to help the teachers and students through this process.

If you are interested, please don't hesitate! It will be an experience you will never forget! Registration is soon! For more information on embryology or our other in-school enrichment opportunities please contact JoAnna Kilby, 4-H Program Assistant at jlclark@vt.edu or 727-3435.

4-H Calendar of Events:

March 11: 6:30 pm Share-the-Fun Talent Show at Farmington Elementary

April 9: Glenwood Livestock Show at Loudoun County 4-H Fair Grounds

April 17: BBQ Dinner at the Culpeper Depot to benefit the Culpeper-Madison-Rappahannock Farm Show

June 12-14 OR June 14-16: Parent/Child Cloverbud Camp for 5-8 Year Olds at the Northern Virginia 4-H Educational Center in Front Royal

June 20-23: Virginia 4-H State Congress at Virginia Tech for teens ages 14-18

June 28-July 1: Culpeper Cloverbud Day Camp for 5-8 year olds at the Culpeper Agricultural Enterprises

July 7-11: Culpeper-Madison-Rappahannock (CMR) Farm Show at the Culpeper Agricultural Enterprises

July 11: CMR Livestock Sale at the Culpeper Agricultural Enterprises

July 31-August 4: Culpeper-Shenandoah-Rappahannock Junior Summer Camp for youth ages 9-13 (teen counselors or counselors in training are youth ages 14-18)

June –August 2011: A variety of 1 to 4 day workshops will be available. Workshops typically include soap making, tie dye, fishing, bicycle safety, cooking, preserving fruits and vegetables, and many more!!

Watch our web site for 4-H updates www.offices.vt.edu/culpeper.

Help protect our most valuable natural resource—youth.

www.ext.vt.edu

Extension is a joint program of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and state and local governments. Virginia Cooperative Extension programs and employment are open to all, regardless of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status. An equal opportunity/affirmative action employer.

If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in any of the above activities, please contact Virginia Cooperative Extension, Culpeper Office, at 540-727-3435 during business hours of 8:00 a.m. to 5:00 p.m., Monday through Friday, to discuss accommodations one week prior to this event.

CULPEPER DEPARTMENT OF ANIMAL SERVICES

SHELTER HOURS

To better serve the citizens of Culpeper County, the Animal Shelter is open Wednesday evenings and Saturday mornings. Shelter hours are:

M-T-T-F: 8:00 a.m. - 5:00 p.m. Wed: 11:00 am - 8:00 p.m. Sat: 8:00 a.m. - 1:00 pm. (Closed Sundays and holidays.)



The Culpeper County Animal Shelter

The shelter is at 10144 James Monroe Highway (Highway 29 South), on the left just past the Culpeper Fairgrounds. The shelter telephone number is (540) 547-4477.

Low-Cost Spay & Neuter

Twice per month, the CCDAS takes Shelter cats and dogs, as well as animals owned by Culpeper residents, to the low-cost spay & neuter clinic in Harrisonburg.

In 2010, 108 Shelter cats and 24 Shelter dogs were taken to the Harrisonburg clinic. 326 Privately-owned cats and 200 privately-owned dogs also participated during 2010. In addition, 33 Shelter dogs and 197 Shelter cats were spay or neutered at the Shelter's twice-monthly mobile vet clinic visits.

Fees for the low-cost clinic are: Female dogs - \$65; Male dogs - \$55; Female cats - \$50; Male cats - \$35. All dogs that weigh more than 50 pounds are charged an extra \$25.

HALF PRICE SPECIALS: In December, the owners of 50 cats had their animals spayed/neutered for half price. To encourage Culpeper residents to spay and neuter their pets, the Shelter will continue to offer monthly specials for one-half off the cost to spay or neuter selected animals.

Call the Shelter at (540) 547-4477 for information on the schedule and to reserve a space for your pet!

Animal Friendly Tags Help You and Your Shelter

When you purchase an Animal Friendly license plate, Virginia DMV provides \$15 of the \$25 annual fee to the Animal Shelter under the DMV's revenue-sharing program.

The Internal Revenue Service has determined that those who purchase Animal Friendly tags may treat the \$15 donated to the Shelter as a charitable contribution on their annual income tax returns. Please check with your tax advisor when taking this deduction.

Animal Control Corner

Animal control has received many calls regarding family pets that have had contact with possibly rabid wildlife. Our first question is: has your pet been vaccinated for rabies, and who is your primary vet? We then respond, remove the wild animal if possible, and have it tested for rabies. We have found rabid animals in the County.

When a pet that is not vaccinated is exposed to rabies, it must be quarantined for six months. If the pet owner cannot properly quarantine the animal, we must take it into custody and the pet, unfortunately, is euthanized. There is no cure for rabies and the disease is 100 percent fatal for both animals and humans.



Kim Siebert Animal Control Operations Manager

State law requires that all dogs and cats be vaccinated for rabies at the age of four months. The first vaccination is good for a year, and must be repeated every three years after the second shot. **Please keep your pets vaccinated.** Doing so will prevent a lot of heartache should your pets come in contact with a rabid animal.

Shelter Employee Spotlight



Dana Washington

Dana Washington is an Animal Caretaker who has worked at the Shelter for four years. She likes taking care of the animals and making sure that they have everything that they need.

Dana wants Culpeper residents to know that when animals are brought into the Shelter, it is not the end of the line for them. However, the change is stressful for them and it is not the same as being in their homes with their families. But she and the other workers at the Shelter will do their best for the animals that are placed under their care.

PetSmart Charities Help Your Shelter



Stephanie Foushee and her Australian Shepherd Nova make their wishes with Santa (Board of Supervisors Chairman Bill Chase) at the Culpeper PetSmart

During December, Shelter staff and FOCAS volunteers participated in the "Santa Paws" program at the Culpeper PetSmart. Pet owners were given the opportunity to have their pets photographed with Santa, and a portion of the proceeds were donated to the Shelter. Through the program, the Shelter received \$475 that will be used to defray medical expenses for Shelter dogs and cats.

2010 Shelter Statistics

2010 was a very good year for the Culpeper Animal Shelter. The Shelter took in 476 dogs and 738 cats. 155 Dogs and 546 cats were adopted either from the Shelter or from PetSmarts. 251 Dogs and 32 cats were placed with rescue groups or reclaimed by their owners. At the end of the year the Shelter and FOCAS volunteers had 20 dogs and 84 cats under their care.

Roughly only 10 percent of the dogs and cats under Shelter care died of disease or were euthanized during 2010. Because of the improved adoption rates, euthanasia is now very rare except for very sick or injured dogs or cats.

> Culpeper County Animal Shelter 10144 James Monroe Highway Culpeper, VA 22701 540-547-4477

Update on a FOCAS "Poster" Cat

In the last edition of Culpeper Minutes we told the story of Baby Blue, a seven yearold cat who was turned into the Shelter suffering from a massive abscess on his neck. After medical treatment by Dr. Jacobsen and several weeks of care in a FOCAS foster home, Blue was placed in the Manassas PetSmart for adoption.

In December, Blue was adopted by a couple who had just moved into their new home. Blue is their first and—at present only pet. As you can see from the recent photos, Blue is enjoying his new life as a house cat. We are all pleased that Blue's story had a happy ending.





Barn Cat Program

Some healthy cats are not suitable for adoption as pets but are candidates for adoption as barn cats.

If you need a barn cat, please contact the Shelter for details on our barn cat program.



Barn cats do not live on mice alone.

FRIENDS OF THE CULPEPER ANIMAL SHELTER
VOLUNTEER FORM

I'm interested in volunteering to help Culpeper's Shelter animals. I would like to (check one): Foster cats and/or kittens in my home.

Transport cats and kittens to PetSmart stores (must have driver's license and vehicle).

Socialize dogs at the Shelter. NAME:

ADDRESS:

TELEPHONE:

REGIONAL ADULT EDUCATION

CULPEPER, MADISON, ORANGE & RAPPAHANNOCK COUNTIES

Many adults who did not complete a high school program of instruction have continued to learn through a variety of experience encountered in everyday life. The purpose of the GED Testing Program is to provide an opportunity for these individuals to have the learning acquired from such educational experiences evaluated and recognized. The GED Tests make it possible for qualified individuals to earn a high school credential, thus providing opportunities for hundreds of thousands of adults to:

- Pursue higher education
- Obtain jobs or job promotions
- Achieve personal goals

WHAT ARE THE GED TESTS?

The Tests of General Education Development (GED Tests) are internationally recognized. They have been designed to measure major academic skills and knowledge in core content areas that are learned during four years of high school. When an adult passes the 7 ½ hour GED Tests battery, the resulting GED credential certifies that he or she has attained subject matter knowledge and skills associated with high school completion. The GED Tests battery includes the following subject area tests:

- Language Arts, Writing
- Language Arts, ReadingMathematics
- Social Studies
- Science

The GED Tests are offered in English and Spanish editions.

GED Testing Schedule for 2011 Denise S. Vogt, Chief Examiner

April 14 & 16, 2011 May 12, & 14, 2011 June 2 & 4, 2011 July 21 & 23, 2011 August 11 & 13, 2011 September 8 & 10, 2011 October 6 & 8, 2011 November 10 & 12, 2011 December 8 & 10, 2011

You need to register 10 days before the test date. Reasonable accommodations are available upon request, for individuals who qualify. The Culpeper Annex is open to take your GED application Monday – Friday 8:30 A.M.—4:30 P.M. Additionally, we are open late on Monday and Thursday evenings until 8:00 P.M.

TUITION REQUIRED IN ADVANCE									
Detach and return with payment by April 1, 2011			Piedmont Regional Adult Education,						
Make check and money order Payable to: Orange County School Board			14270 Achievement Drive, Room 200, Culpeper, VA 22701						
Name:									
Address: Street Name City/State Zip Code									
Daytime Phone: () Evening Phone: ()									
Please enroll me in the following classes:									
Class Name	Day		Time	Cost					
Method of Payment: Money Order Check Cash									

Piedmont Regional Adult & Continuing Education Programs WE'VE MOVED! to Culpeper Annex 14270 Achievement Drive, Room 200 Culpeper, VA 22701 (540) 829-9914

Piedmont Regional Adult Education

Register for Adult Classes in your area for GED Preparation, or ESOL (English Speakers of Other Languages). Work on your reading, writing and math skills for GED and speaking skills for ESOL. Call (540) 829-9914 for information.

Culpeper GED – 5:30 PM – 8:00 PM/Tues, & Thurs. Culpeper Annex, Culpeper, VA

Culpeper/Rappahannock ESOL – English As A Second Language 6:30 PM – 9:00 PM/Tues. & Thurs./ Health & Human Resources

Culpeper, VA & Farmington Elementary ESOL 6:00 PM – 8:30 PM/Tues. & Thurs, Culpeper, VA

Morning ESOL – 9:15 AM – 11:45 AM/Mon. & Wed. Virginia Community Bank, Culpeper, VA

Fast Track Class – 5:30 PM – 8:00 PM/Mon. & Wed. Culpeper Annex, Culpeper, VA.

Literacy Council of Madison GED – 9:30 AM – 12:00 Noon/Tues. & Thurs. Madison Literacy Council, Madison, VA

Literacy Council of Madison GED – 6:30 PM – 9:00 PM/Mon. & Wed. Madison Literacy Council, Madison, VA

Gordonsville GED – 6:30 PM – 9:00 PM/Mon. & Thurs. Gordon-Barbour Elem. Library, Gordonsville, VA

Head Start ESOL – 5:30 PM – 7:30 PM/Mon. & Wed. Prospect Heights Annex, Orange, VA

Orange GED - 6:30 PM - 9:00 PM/Mon. & Wed. Taylor Educational Administrative Complex, Orange, VA

Orange GED – 9:00 AM – 11:30 A.M./Mon. & Thurs. Orange Presbyterian Church, Orange, VA.

Rappahannock GED – 4:30 PM – 6:30 PM/Mon. & Thurs. Rappahannock High School, Washington, VA

Spring 2011 CONTINUING EDUCATION SCHEDULE All classes at Culpeper Annex Telephone (540) 829-9914

CLASS	DAY	BEGEND	SESSIONS	TIME	FEE
Beginning Astronomy	TBA	TBA	1	8:00 PM	FREE
Computers for Seniors	Т	4/12-5/10	5	5:00-7:00 PM	\$80.00
Introduction to Computers	W	4/13-5/18	5	6:00-8:00 PM	\$80.00
MS Excel	W	4/13-5/18	5	7:00-9:00 PM	\$80.00
MS Word 1	W	4/13-5/18	5	5:00-7:00 PM	\$80.00

E 911 National Public Safety Dispatcher Week April 10th-16th 2011

Public safety agencies nationwide have recognized the pivotal role played by telecommunicators, dispatchers, communication operators, and radio control personnel. The second week of April is dedicated to the men and women who serve as public safety telecommunicators.

Designating a specific week to honor public safety telecommunicators was first conceived in 1981 by a member of Association of Public Safety Communications Officials (APCO) International's Northern California Chapter. APCO International introduced the week to Congress in October 1991. According to congressional procedure, it was introduced twice more - in 1993 and 1994 - before becoming permanent without the need for yearly introduction.

The Culpeper County Public Safety Communication Center will be honoring its public safety telecommunicators with activities and gifts throughout the week as tokens of our heartfelt appreciation for the outstanding work and dedication they show every day. Last year, our communications staff handled over 177,000 phone calls and dispatched approximately 95,000 calls for service.

Public Safety Dispatchers are the "First" First Responders and provide a critical service to the community and all Culpeper County Police, Sheriff, Fire and Rescue Personnel. The term "9-1-1" is often associated with rapid emergency response,, and many people don't stop to think about these seemingly nameless, faceless heroes until they experience actual emergencies themselves.

For more information about the Culpeper County Public Safety Communication Center or the week's events, please contact Nicola Tidey at 540-727-7900.



CPR Save

Ms. Ashley Minor, Emergency Communications Officer Trainee, provided CPR Pre-arrival Instructions to a subject who was in cardiac arrest on December 4th, 2011. EMS arrived and continued CPR resulting in the patient regaining respirations and a pulse by the time the ambulance arrived at the hospital.

Ashley received recognition and an award presented by Chairman William C. Chase, Jr. at the January 4, 2011 meeting of the Culpeper County Board of Supervisors.

Congratulations Ashley!

Rappahannock-Rapidan



Volunteers protecting local public health

Are Your Pets Prepared for an Emergency?

In previous issues we have talked about how important it is for you and your family to prepare for emergencies by making an emergency supply kit. I hope by now that your emergency supply kit is complete (water, non-perishable food, clothing, medications and important information).

While making your emergency supply kit, did you include supplies for your pets?

During Hurricane Katrina some families chose to stay where they were, endangering their lives, rather than leave their pets. Many pets were separated from their families. Your pet is an important part of your family so you need to make emergency plans in advance for your animals. Typically what is best for you is best for them.

If you must evacuate remember that not all shelters allow animals inside. Plan in advance for shelter alternatives that will work for both you and your animals. Contact your local animal shelter or emergency management office to determine if there is a pet friendly shelter in your area.

Following is a list of items that should be in your pets' emergency supply kit:

- Three-or-more day supply of food in airtight, water proof container and drinking water
- Bowls for food and water
- Current photos and physical description of your pets, including details on markings
- Medications, vaccination records (especially rabies records) and first aid pet supplies
- Comfort items such as a toy and blanket
- Small garbage bags
- For dogs include a leash, harness and a sturdy carrier large enough for a sleeping area
- For cats include a litter box and litter and a sturdy carrier large enough for transport

Go to http://www.ready.gov/america/getakit/pets.html for more information on preparing your pets/animals. Information on large animals is also available.

Are you interested in joining the Medical Reserve Corps and helping your community prepare for emergencies? Complete the application online at https://vms.vdh.virginia.gov/vms/ or call 540-829-7350 x132 to have an application mailed to you.

Make sure you are prepared to help your animals through an emergency. Hurricane season is approaching.

Culpeper County Volunteer Fire & Rescue Association At a crossroads of funds and time - What does the future hold?

The Culpeper County Volunteer Fire and Rescue Association (CCVFRA) represents the volunteer fire and rescue organizations that serve Culpeper County citizens. Its members consist of Culpeper County Volunteer Fire Department (Company 1), Brandy Volunteer Fire Department (Company 2), Richardsville Volunteer Fire Department & Rescue Squad (Company 6), Salem Volunteer Fire Department (Company 8), Little Fork Fire & Rescue Company (Company 9), Rapidan Volunteer Fire Department (Company 10), Culpeper County Rescue Squad (Company 11), and Reva Volunteer Fire & Rescue (Company 16). We also serve as the liaison for two out-of-County agencies; Amissville Volunteer Fire & Rescue (Company 3) in Rappahannock County, and Remington Volunteer Fire & Rescue Company (Company 14) in Fauquier County, both of which have some primary areas of responsibility in our County. The CCVFRA members work together with the Office of Emergency Services career staff to provide Fire and Rescue emergency services to the citizens of Culpeper County.

Our in-county volunteer departments consist of 295 active firefighters and/or emergency medical providers (Basic Emergency Medical Technicians all the way up to Paramedics), and approximately 300 additional support or auxiliary members, whose role is to support and raise funds to operate our organizations. Only one position, out of nearly 600 members, is a paid position. This is filled by a full-time Training Officer who oversees training for the volunteers and assists with career staff training duties, as well. To put it into perspective, a basic EMT requires 120 hours of classroom as well as practical training to pass the course, and then State testing and certification. Once licensed, the EMT must precept to meet individual Department and the Operating Medical Director's criteria, in order to practice in the field. These certifications must also be renewed every 3-5 years, to retain licensure. The requirements for Enhanced, Intermediate and Paramedics training are much greater. It currently takes nearly 1000 hours to certify as a Paramedic, which equates to a 40-hour per week job for 6 full months. All this training is undertaken by volunteers in their "spare time."

A firefighter, in order to be Certified, must take over 140 hours of classroom instruction plus practical training and fireground evolutions in order to ride the trucks and fight fire. In addition, there are:

- Firefighter II 45 hours
- EVOC (Emergency Vehicle Operator Certification) 16 hours
- Hazardous Materials Awareness 8 hours
- CPR (Cardio-pulmonary resuscitation)/AED (automatic external defibrillators) - 8 hours
- HazMat Operations 32 hours
- Basic Pump Operations 40 hours
- Rural Water Supply 16 hours
- Firefighter Down Mayday Operations 6 hours
- Firefighter Crew Leader 32 hours
- Vehicle Extrication 16 hours

and many more

All of these require an incredible amount of individual time and dedication to accomplish, in order to serve our community as a volunteer. Fire and EMS Officers take many more hours of management and specialized training.

With this dedication in mind, the first volunteer company formed in 1924 and, for many years, the volunteers trained, built buildings, bought equipment, and performed their duties at no charge to the County taxpayers. Over the years, it has been neces-

sary for the County to supplement the operating expenses of the volunteer organizations in order for us to remain viable. In 1999, it became necessary to augment the volunteer system with a number of full-time career personnel, due to the overwhelming demands on the system. Currently, the Office of Emergency Services employs 20 providers with 5 ambulances, and their own station working together with the volunteers 24 hours a day, 7 days a week to ensure efficient coverage. This system of outstanding individuals, both volunteers and career personnel, currently serves the citizens of Culpeper well, and in an exceptionally cost-effective manner. While the career staff employs a cost recovery billing system to offset some of their costs, the volunteers still do not bill for services. The County provides funding for a portion of the operating expenses (gas, tires, oil, supplies), but the volunteer buildings, trucks, ambulances and equipment come from funds raised in-house. The current replacement value of buildings and equipment provided by the volunteers is in excess of \$27,000,000.

As you may know, maintaining a force of volunteers this size is a demanding job, particularly since we are basically running independent businesses, to benefit our community. All this we do willingly and without hesitation, with due regard for safety, but at hazard to our life and limbs. We love what we do and relish helping our fellow citizens, but we have reached a crossroads.

For years, the training required has been ever-increasing, and the demands on our time and responsibilities have escalated to the point that it has become difficult to fill the many positions needed to accomplish our fund-raising duties. With the exponential increase in the cost of our ambulances and fire apparatus, our reserves are rapidly being depleted. We are at a crossroad and must now decide how best to proceed. The cost of a basic, non-equipped fire engine is now well over \$500,000. We have always been, and will continue to be, vigilant stewards of the funds provided to our departments. However, during this budget cycle, we will be requesting that all our operating expenses be met and that we receive a portion of the capital funds necessary to update and/or replace equipment and apparatus needed to provide adequate fire and EMS protection to the citizens of our County. Some of the front line apparatus is over twenty years old. We are well aware of the difficult economic times we face but, even with our best efforts, we can no longer conduct enough fundraising activities to sustain everything necessary to keep our community safe.

We will be seeking the establishment of a dedicated Fire & Rescue levy in order to provide consistent, reliable funding to our volunteers to restore our financial stability and preserve our future. If we continue down the current funding path, our obsolescence is inevitable, as the costs we face are unsustainable. It would be a great disservice to our community to allow the volunteer system to disappear. The additional cost to the taxpayers to replace our current system with a 100% career staff would be in the tens of millions. Estimates indicate that an increase of 20 to 30 cents to the County tax rate would be

necessary annually for salaries alone.

With a few cents now, the current system can be preserved for many years into the future. We respectfully ask that you show your support for all those who put their health, safety and welfare on the line to give to their community.

Anthony M. Clatterbuck
President
Culpeper County Volunteer Fire & Rescue Association

Announcement of Need and Opportunity

There are MANY grants available for Fire and Rescue Services. We have applied for and been awarded many. We need a volunteer to apply consistently for grants for Fire and Rescue.

Training will be provided.

If you have an interest in this work, please call the County Administration at 540-727-3427 or email dhoffman@culpepercounty.gov

Award for Culpeper County Procurement Office

Culpeper County Procurement Receives Outstanding Agency Accreditation Achievement Award

The Procurement Department of Culpeper County kicked off the 2011 New Year by receiving the Outstanding Agency Accreditation Achievement Award from the National Institute of Governmental Purchasing. The award recognizes Culpeper Procurement Department as a leader in the public procurement profession demonstrating excellence in public purchasing that exemplifies a solid purchasing program.

In these hard economic times counties all over the United States are trying to enhance and streamline their administrative efficiency. In light of economic uncertainties and other changes that challenge the Procurement Department, we strive to continue the Culpeper tradition of excellence. To surpass previous achievement requires dedication and hard work, and practical lessons to apply to our work will help contribute to our future success.

The main purpose of the Culpeper County Procurement Department is to ensure local government transparency, making all purchases more efficient and open to our sourcing practices. The Procurement Department understands that the best efficient way to save the Taxpayers' money is through smarter procurement practices. The Department purchases everything from office supplies to ambulances, and even kitty litter for the Department of Animal Services.

You probably have heard the expression that every challenge is an opportunity in disguise. Although we may wish that our Procurement Department would always run smoothly; in truth, that would be pretty boring. It often is the challenges we meet and the results we achieve that makes our procurement career interesting and provides the greatest satisfaction and rewards. Our challenge this year is to start thinking in new ways about how to discover the opportunities hidden in those everyday challenges.

Perhaps even more importantly, this award demonstrates accountability and responsiveness to the taxpayers of Culpeper County.



Robin Keagy. CPPB, VCO and Alan Culpeper, CPPO, VCO with the Achievement Award. The Award represents endless improvement.

Culpeper County Procurement Office Announces Seminar for Vendors

"Selling to State and Local Government" Seminar

10:00 A.M. on Thursday, April 14, 2011 Culpeper County Administration Office 302 N. Main Street, Culpeper, Virginia 22701

Local area vendors are invited to attend the Culpeper County Procurement Department's Buyer/Seller information exchange seminar "Selling to State and Local Government." The purpose of this seminar is to give area businesses the opportunity to meet the County's Procurement staff and become familiar with the County's procurement process. This will be an informal meeting open to all vendors to discuss the County's processes, upcoming contracts and any vendor questions or concerns.

Any business that sells a product or service, of almost any description, is a potential vendor to the County of Culpeper and the Commonwealth of Virginia and is included in this invitation.

For more information please feel free to contact the Culpeper County Procurement Office at (540) 727-3488, or visit the County's Website at http://web.culpepercounty.gov



Culpeper County Farm and Retiring Director Recognized by Culpeper Soil & Water Conservation District

The Conservation Awards Dinner was held in Culpeper on Thursday October 21, 2010. The annual event honors residents who have demonstrated leadership in the stewardship of local soil and water resources. The awards presented were Educator of the Year, Forest Stewardship, Bay Friendly Farm Awards in each of the District's 5 member counties, Conservationist and Business of the Year.

The Clean Water Farm Award Program recognizes farms in the Commonwealth that utilize practices designed to protect water quality and soil resources. Within the Chesapeake Bay watershed the program is known as the Bay-Friendly Farm Awards, and as the Clean Water Farm Awards in all other areas of the Commonwealth.

The 2010 Culpeper County Bay Friendly Farm Award was given to Christina Stockton. Ms. Stockton owns 58 acres in Rixeyville where she runs 20 cow-calf pairs.

Conservation practices on the farm include: 12 acres were enrolled in the CREP program in 2004; 4300 feet of fencing was installed along Muddy Run and a pond to exclude livestock from the waterways; cattle are rotated over 3 pastures; 3 water troughs were installed to serve all of the pastures.

John H. Boldridge, retiring At-Large Director, was recognized for his dedication to conservation. At the Awards Dinner, he was presented with a proclamation from the House of Delegates by 30th District Delegate Ed Scott and with one from the Virginia Senate by 17th District Senator Ed Houck.

In addition to his 30+ years of service with the Culpeper Soil and Water Conservation District, he served as District Chairman for many years, Chairman of Area II of the Virginia Association of Soil and Water Conservation Districts (VASWCD), and VASWCD State President for two years.

Mr. Boldridge served on the Culpeper County Board of Supervisors from 1962 to 1980.

Help Available for Septic System Pumping, Repair & Replacement

Culpeper County residents in the Hazel River Watershed may be eligible for 50-75% cost-share to maintain, repair or replace their septic systems. To find out if you are in the Hazel River watershed call the District office at 540-825-8591.

The mission of Culpeper Soil and Water Conservation District is to promote the stewardship of soil and water and the conservation of our natural resources by educating and providing technical assistance to manage, protect, and enhance the land and water for the benefit and enjoyment of the citizens of Culpeper, Greene, Madison, Orange and Rappahannock counties.

Culpeper County is currently represented on the Culpeper Soil & Water Conservation District Board by Directors Laura Campbell, Thomas O'Halloran and Associate Director Jocelyn Lampert.



The 2010 Bay Friendly Farm Award— Christina Stockton
Left to right: At-Large Director John Boldridge, Delegate Ed Scott, Donald
Stockton, Senator Ed Houck, Culpeper County Directors Thomas O'Halloran
and Laura Campbell Front: 2010 Award Recipient Christina Stockton



John Boldridge recognized by House of Delegates and Virginia Senatefor dedication to conservation. Left to right: At-Large Director John Boldridge, Delegate Ed Scott and Senator Ed Houck. John Boldridge retired on December 31, 2010.

For more information about lawn care, best management practices, reporting pollution, moving dirt and other issues regarding soil and water conservation please contact Stephanie Rose DeNicola, Communications Specialist of Culpeper Soil & Water Conservation District at (540) 825-8591.

News from the Voter Registration Office

Michele White

10 Ways to Assure Your Absentee Ballot Will Be Counted

- 1. Assure that you are registered to vote at your current residence address before the registration deadline for the election. For most elections, the registration deadline is 21 days before the election date. Call 540-825-0652 or visit www.sbe.virginia.gov to check your voter registration status.
- 2. Submit an Absentee Ballot Application well in advance of the election, if possible. If you know you will be absent or unable to go to the polls, try to submit your absentee application by about two months before the election.
- 3. Apply for your ballot. Most voters should use the Virginia Absentee Ballot Application. If you are in the armed forces or a citizen residing overseas, you should use the Federal Post Card Application. If you need the Federal Application, visit www.fvap.gov and follow the instructions for Virginia voters.
- 4. As soon as you receive your ballot package, open it and review the contents carefully. Read the voting instructions before you unseal your ballot
- 5. In the presence of a witness, open the sealed "Ballot Within" envelope.
- 6. Mark your ballot, review your selections carefully, and then fold and seal it in the "Marked Ballot" envelope enclosed with your ballot package.
- 7. In the presence of a witness, complete the affirmation section printed on the "Marked Ballot" envelope. Be sure both you and your witness sign and date the envelope where indicated.
- 8. Enclose the "Marked Ballot" envelope in the pre-printed return envelope enclosed.
- 9. Affix first-class postage to the envelope (or return it via commercial courier, such as FedEx, UPS, or DHL).
- 10. Return your ballot in ample time for the Electoral Board to receive it no later than 7 p.m. on Election Day.

LOCAL CANDIDATE WORKSHOP

Date, time and location to be announced.



- Candidate Qualifications
- Required Documents
- Filing Deadlines
- Campaign Finance

Sponsored by the Culpeper County
Voter Registration Office.
Registration is requested.
To register call 825-0652 or email
registrar@culpepercounty.gov



This year Culpeper County will have the following local seats up for Election:

Board of Supervisors

West Fairfax, East Fairfax, Catalpa and Salem

School Board

West Fairfax, East Fairfax, Catalpa and Salem

Constitutional Officers

Commonwealth Attorney
Sheriff
Commissioner of Revenue
Treasurer

Soil and Water District

Directors (2 seats)

Michele White, Registrar

CONTACT INFORMATION: Office of Voter Registration and the Electoral Board
Phone: 540-825-0652 or 540-825-0726 Fax: 540-825-8454 151 North Main Street, Second Floor, Culpeper, VA 22701

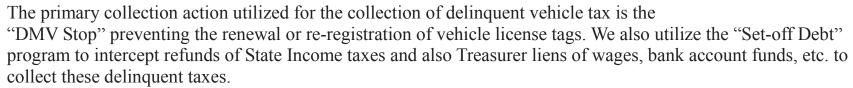
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OFFICE OF THE TREASURER CULPEPER COUNTY

David L. DeJarnette, Treasurer

Delinquent Personal Property Tax Bills:

The annual Personal Property Tax Bills due for 2010 were due as of December 6, 2010, and if unpaid, they are subject to collection actions by the Office of the Treasurer. Once the pink-colored delinquency notices are mailed, our office reviews the delinquent tax list for the oldest bills due and the highest dollar amounts due.



To prevent further delinquent tax account balances or collection actions, please remit your past due amount to: Culpeper County Treasurer PO Box 1447 Culpeper VA 22701. Tax account information may be found at the county website of "web.culpepercounty.gov" then "eServices" & then "eTreasurer" or by calling our office at (540) 727-3442.

Dog Tag Purchase Requirement:

Culpeper County requires that every dog of resident owners or custodians who reside within the boundary limits of the County be licensed on an annual basis (unless the dog is trained and serves as a guide for a blind person or a hearing dog for a deaf or hearing-impaired person). This **includes** dogs that reside in the Town of Culpeper or are exclusively house pets.

Commonwealth of Virginia laws require that veterinarians notify local Treasurers of all monthly rabies vaccinations. If the owner does not purchase a dog tag within 90 days of the vaccination, they will be billed for the fee. If after 30 days notice, the owner still has not purchased a dog license, the Treasurer may notify animal control of all owners who received rabies vaccines and have not purchased a dog license.

You may purchase your dog license/tag by mail or in person at one of two locations: Culpeper County Treasurer's Office, 151 N. Main Street Suite 205 Culpeper VA or Department of Animal Services 10144 James Monroe Highway Culpeper VA. The current fees are \$10.00 for a sexed dog or \$5.00 for an unsexed dog. Kennel license tags are sold at Treasurer's Office only and are sold in blocks of ten (10) for \$50.00.

Phone: (540) 727-3442 Fax: (540) 727-3478 E-mail: ddejarnette@culpepercounty.gov



CULPEPER COUNTY SHERIFF'S OFFICE Sheriff Jim Branch Jr.

110 W. Cameron St. Culpeper, Va. 22701 (540) 727-7520 / culpepersheriffsoffice.com

Emergency 911 — **Records Office** (540) 727-3400 **Crime Tip Line** (540) 727-0300



Sheriff's Office using online social media to reach residents, media outlets and government agencies

Starting at the beginning of the year, the Culpeper County Sheriff's Office started using various online social media applications to connect with residents, the media, public officials and other law enforcement agencies.

The social media initiative started under the direction of Sheriff Jim Branch in an effort to communicate more effectively with the community. Over the past year, Branch recognized a growing need for the Office to join social media sites as a way to disseminate information and solicit feedback on law enforcement issues in Culpeper.

"Nowadays people have many options when choosing where they get their information; it's not just limited to a few types of media," Branch said.

"Increasingly we have found that people not only look to traditional media outlets for information, but they look at what other people share with them on social media sites. Some people bypass traditional media altogether and go straight to the Internet."

The Sheriff's Office is using sites such as Facebook, Twitter, YouTube and Flickr to share information about the agency. Facebook and Twitter are the newest applications; the Office has used Flickr









and YouTube in the past to share photos and videos of CCSO events.

If new, or more popular applications become available, Branch said he's willing to expand his initiative to include those sites.

"The thing with technology is that it's constantly changing. What everyone is using today could be totally obsolete in six months," Branch said. "At this point we've picked applications that are widely popular in the community at large that also fit our needs as a law enforcement agency."

Corey Byers, public information officer for the Sheriff's Office, is managing the sites on behalf of the agency. She recently graduated from Virginia Commonwealth University with a master's degree in multimedia journalism. Byers has been with the agency since July 2009.

"We're doing our best to accommodate the various ways in which people communicate," Byers said. "As a government agency we have the responsibility to reach people in as many ways as we can, especially in an emergency situation. It's a new challenge for us, but a great asset as well."

Have you become physically and/or verbally abusive to your spouse or significant other? Help is available.

Contact Culpeper County Criminal Justice Services at 540-727-3450 for referral to a treatment provider.

Culpeper County Board of Supervisors

Culpeper Minutes

A quarterly publication



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The Administration Building ♦ 302 North Main Street Culpeper, VA 22701

dhoffman@culpepercounty.gov

Come on Out to Culpeper Regional Airport! Hangar Open House on second Saturdays from 9 to 4

The National Capitol Squadron of the Commemorative Airforce strives to educate future generations on the significant events in aviation history. We preserve these incredible warbirds, looking and flying today as they did many years ago, to be able to offer you a glimpse into the past.



We invite you to visit our hangar open house from 9-4 on the second Saturday of each month. Check out our website at www.nationalcapitolsquadron.org for a complete listing of our events. Come and experience a piece of history.



This wonderfully restored Vultee BT-13A is reminiscent of those aircraft used to train pilots in WWII.

This particular aircraft is painted and numbered in honor of the Tuskeegee Airmen, a group of dedicated African American pilots who overcame diversity and served their country courageously and proudly.

Virginia Department of Transportation (VDOT): 540-829-7626 For latest road conditions Call 511 To report Road Hazards or Snow-Flood Conditions: 800-367-7623 Toll Free